Health & Fitness

Virtual and In-Person Training

Norman Bey, Director of Health & Fitness is leading in-person and virtual training sessions from The Club.

In-Person

Customized One Hour Session Use of all Fitness Equipment Use of locker, showers and fitness amenities Q&A with Norm

Virtual

Customized One Hour Session Partnered equipment such as weights and bike partnered to your work out Q&A with Norm

Acquaint yourself with the reservation system for the Health & Fitness Center:

- Members are required to make reservations in advance by emailing N.Bey@cornellclubnyc.com
- Reservations will be accepted on a first come, first served basis.
- Reservations can be requested 24 hours prior to your requested date between the hours of 9:00am-5:00pm. You will be contacted if we cannot accommodate your preferred time slot.
- Members can request up to five sessions per email request. (example: Ezra Cornell would like to
- schedule a sessions on Monday & Tuesday at noon and Wednesday at 3:00pm). • We will accept a maximum of eight people per 45 minute session from entering to leaving.

At this time, reservations are available on the hour: noon, 1:00pm, 2:00pm, etc.

Save the Date for Upcoming Programs:

As we go to print, The Club is finalizing a few additional April events. Please visit the Club Programs Calendar on our website for our full listing of events.

THURSDAY, APRIL 1st 6:00PM EST

WEBINAR - GROWING UP IN A FRANK LLOYD WRIGHT HOUSE WITH KIM BIXLER '91

THURSDAY, APRIL 15th 6:00PM EST

WEBINAR - COMING UP CLOSE TO HOMELESSNESS WITH DR. CATHY SMALL

FRIDAY, APRIL 23rd 6:00PM EST

VIRTUAL TASTING - WINE INTO SPRING 2021 WITH ANTHONY PRIZZIA

TUESDAY, APRIL 27th 8:15AM EST

VIRTUAL NETWORKING EVENT - THE BREAKFAST CLUB WITH LESLIE NYDICK '85

WEDNESDAY, APRIL 28th 6:00PM EST

WEBINAR - "THE NUCLEAR SPIES: AMERICA'S ATOMIC INTELLIGENCE OPERATION AGAINST HITLER AND STALIN" WITH VINCE HOUGHTON

Missed a program?

You're welcome to view our recorded events on the member homepage, which can be found by logging on to our website.

Have an idea for a program?

Contact the Program Department at K.Alman@cornellclubnyc.com.

Welcome New Members joining through March 18th, 2021

Yuvraj Chopra RPI '20 Kacie Chow Family Silas Cooper '16 Kamalakshi Dishmon '88 William Forman '76 Silvana Frangaj '20 Joseph Fuentes '21

Richard Gildersleeve '65 Arthur Harris '74 Matthew Heflin '16 Tomohiro Ikeno Cornell Amy Seach Johnson Notre Dame '84 Gus Kappler '61

Robert Koppel Tulane '95

Linda Mariani '74 Harrison Mita '17 Ross Osborn Wake Forest '18 Eva Ostrum Business Associate Hilary Ott Notre Dame '13 Anitra Pavlico '95 Elexa Perlman '20

James Petri '79 Julian Robison '20 Jhonathan Shaikh Tulane '16 Mike Shea Notre Dame '06 Henry Sidle Tulane '20 Mark Stratman '04 Claire Wiseman '87

A Message from The Club's Controller, Elena Mitronich

The loyalty of our club Members who paid their membership dues enabled The Club to maintain necessary operations during our closure. In turn, this allowed us to reopen with services and amenities securely in place. As a token of our appreciation for your support, we issued a 25% house credit for your paid membership dues starting July 2020.

An Update on Member House Credits:

The house credit promotion of 25% of your total dues paid was introduced by The Cornell Club-New York on July 1st 2020. House credits were reflected on your account, and were automatically applied to the total balance due at the end of every month. In order to avoid confusion with the balance due on your account (both dues and house and where applicable holiday fund contribution), we have transferred your house credits to a separate record.

Be assured that your house credit is still on your account.

Your available house credit will be applied toward charges for usage of any facility in The Club including dining, guest rooms, personal training, and private event room rental.

We are confident that this update will allow you to view your statement with ease and allow for proper payment of your dues and/or house charges.

For questions, please contact Joy Alston at J.Alston@cornellclubnyc.com.

THE CORNELL CLUB

The Cornell Club Directory

Front Desk/Main Info 212.986.0300 The Health & 212.986.9543 Office Fax The Cayuga Room 212.692.1322 212.986.9385

Front Desk Fax

Fitness Center 212.692.1360

General Manager Craig Lasnier

212.692.1302

The Club Quarterly Winter 2021

6 EAST 44th STREET NEW YORK, NY 10017 212 986 0300 WWW.CORNELLCLUBNYC.COM

SPRING 2021

For the most current information about The Club, please visit our website: www.cornellclubnyc.com

THE CORNELL CLUB

A Message from Craig Lasnier, General Manager

Greetings from NYC!

As we go to print, travel restrictions are being updated allowing members to enter NY with a bit more ease. Visitors will find in the weeks and months ahead the opportunity to return to the social and cultural activities we have all missed so greatly. Of particular note, the return of Broadway, Shakespeare in the Park, and outdoor performances at Lincoln Center. While these next steps are welcomed news, it certainly does not mean we all need to continue with the necessary steps to stay safe and healthy. The Club will continue to maintain the strict safety measures implemented upon our reopening. These include reservations to visit the Health & Fitness Center and social distancing and limited capacity in the Cayuga Dining Room.

As the city sees a renewed energy, so does The Club. Members are finding our expanded work areas the ideal location to not only be productive, but social. Members are reacquainting themselves with familiar faces and meeting new people as a work day at The Club has become a new (and welcomed) routine! I'm happy to share that Executive Chef Michael Rizzo, or "Chef" as we fondly refer to him, has announced the return of Lobster Night.

We make every effort to communicate club and city happenings to you across our platforms including the Enewsletter, dedicated emails, and the newsletter. We transitioned our Bear Facts newsletter to a digital format and it can be found on our member home page and is also linked to weekly emails that highlight programs and dining specials. If you haven't already, please take a moment to connect with us on social media. You can find us on Instagram, LinkedIn, and Facebook. Wishing you all a happy and healthy start to the spring season! Regards,

Craig

Hours of Operation

Clubhouse Monday through Friday 8:00am-8:00pm

Members, their sponsored quests, and reciprocal club members with overnight guestroom reservations will have 24 hour access to The Club. We look forward to resuming weekend hours in the near future.

Dining Monday, Tuesday, Friday Grab & Go* and a la Carte

Lunch 12:00pm-4:00pm

Beverage Service 12:00pm-6:00pm

Wednesday and Thursday Grab & Go* and a la Carte

Lunch and Dinner 12:00pm-4:00pm and 5:00pm-8:00pm

Beverage Service 12:00pm-8:00pm

* Members are invited to bring Grab & Go orders to the Big Red Tap & Grill, quest rooms or outside The Club.

Health & Fitness*

Monday-Friday 6:00am-6:00pm

*Advance reservations required

Artist: Armondo Dellasanta © LKBurke Fine Art, LLC

THE CORNELL CLUB-NEW YORK, 6 EAST 44TH STREET, NEW YORK, NY 10017, 212.986.0300, WWW.CORNELLCLUBNYC.COM

CONGRATULATIONS GRADUATES!

Welcoming the Class of 2021

Help us Welcome the Class of '21 to The Club Now more than ever, graduates want to network and reconnect.

Here's how you can help:

- 1. Give the gift of Membership! Graduates of all universities can become Members of The Club as graduates of Cornell, our affiliate schools or as Business Associates.
- 2. Introduce a graduate to The Club. Graduates can contact us directly at membership@cornellclubnyc.com to receive an application and learn more about membership.
- 3. Issue a guest pass or sponsor an event at The Club. The Club is the ideal location for a meal, stay, and celebratory toast to the graduate.

For more information, please contact Lara Chrisomalis '02 at Membership@cornellclubnyc.com.

We're ready for golf season!

We are pleased to introduce a new reciprocal golf club in New York.

The Tuxedo Club is a distinctive social institution that, since 1886, has provided its members, their families and guests with recreation and refuge in the close environs of Metropolitan New York City. The Club's unparalleled grounds, varied sporting venues and multiple clubhouse facilities offer year round enjoyment for all ages. Facilities include golf, five racquet sport venues, boathouse, fitness facility, swimming complex, ice skating rink and two architecturally renowned clubhouses.



The Tuxedo Club Main Clubhouse One West Lake Road Tuxedo Park, NY 10987 Phone: 845.351.4791

www.thetuxedoclub.org

Amenities:

Dining facilities Banquet facilities Golf Overnight accommodations Athletic/Fitness facilities





Members can submit reciprocal club recommendations to K.Alman@cornellclubnyc.com.



From College Search to Graduation...a Cause for Celebration!

The collegiate feel to The Club sets the perfect tone for your overnight stay. And with dining, a fitness center, and lounge areas to meet with friends and family, you'll find everything you need here at The Club!

Adjoining Rooms | Dining and Private Dining | Lounge Areas Car Service | Discounted Parking Walking Distance from Grand Central Terminal & Penn Station

Making plans for Metro NY College Visits?

The Club serves as the perfect home base to explore the city and travel the commuter rails to prospective schools in the Metro NY area.

Commencement Season

While some schools will be limiting attendance at ceremonies, you can still plan to bring family together on the big day!

End of the Semester and Summer is Here

In between the college search and graduation! Take in a relaxing night at The Club before heading to Ithaca and bringing home your student for the summer!

Get Your Summer Intern Settled

A return to the office is on the horizon and firms are eager to welcome summer interns to NYC!

"REUNION" HERE

MISSING REUNION WEEK? Us too!

Enjoy Traditional Cornell Specials all week at The Club!

Monday, June 7 - Friday, June 11th for lunch from 12:00-4:00pm

Your old favorites - the "Hot Truck" Club specials - PMP and the MBC will be available in the Cayuga Room and in the Big Red Tap & Grill.

NEW SPRING AND SUMMER MENUS ARE HERE! Starting Wednesday, April 21st

Dine with us in the Cayuga Room

> Lunch Monday-Friday 12:00-4:00pm

Dinner Wednesday-Thursday 5:00-8:00pm

Reserve for Chef Rizzo's Tasting Menu

060.90.609

Five courses selected and served by Chef Rizzo

Wednesday, April 21st 5:00-7:30PM.

Reservations are required. \$45.00 plus tax and gratuity

66000000

A La Carte Lunch and Dinner Menu and full Wine List are also offered. Reservations: dining@cornellclubnyc.com or 212.692.1322.

CELEBRATE **GRADUATION WEEK**

Toast the Grads!

\$5 Glasses of Bubbly in the Cayuga Room and in the Big Red Tap & Grill

Monday, May 24th -Thursday, May 27th

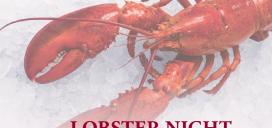
> Monday and Tuesday 12:00-6:00pm

Wednesday and Thursday 12:00-8:00pm



Stop by The Club and check out some class yearbooks in the Library and enjoy a glass of bubbly!





LOBSTER NIGHT is Back in the Cayuga Dining Room

Wednesdays April 14th and 28th, May 5th and 19th, June 9th and 23rd 5:00-7:15pm

♦ ै ♦

3 Course Dinner Appetizer, 2 1/2 lb Lobster, Dessert \$60.00 plus tax and gratuity

> Reservations are required at dining@cornellclubnyc.com. Lobster orders will be taken at time of reservation.

♦ ♦

The full dinner menu will also be offered.